



Dr. Ziad Katrib

## Rhinoplasty Philosophy

In our practice, we take pride in providing detailed and informative consultations, so patients are able to make the best-informed decisions for themselves.

Honesty is our first rule. We never lie to patients, and we expect the same in return. We give every surgery 100%, and always put the patient before everything else.

Rhinoplasty is the hardest operation in all of plastic surgery. It requires complete and total dedication before, during, and after the operation from both the patient and surgeon.

60-minute nose jobs are not performed in this practice. The time needed for surgery is to allow the amount of respect and technical excellence that this operation demands. We never rush, regardless of what else is going on at the time.

It takes 2-5 years to fully heal from a rhinoplasty. This is not a joke or an exaggeration and is well studied and documented. You will be reminded of this fact many times in the pre and post-operative period. Patience is an absolute prerequisite in this operation from both the surgeon and the patient.

No nose is perfect, neither before nor after surgery. No face is symmetric, and no soft tissue the same. This is an imperfect art and science by definition. We routinely achieve major improvement in both aesthetics and more importantly function. As an absolute rule, we never sacrifice function for cosmetics. The nose must work better, not the same

Patients with obsessive-compulsive disorder, anxiety disorder, depressive disorders, and body dysmorphic disorder have a low satisfaction with cosmetic surgery. This is not due to an objective difference in result, but rather an inability to cope with the imperfect result that inevitably occurs. If you have any of these disorders, cosmetic surgery is likely not a good option for you.

For many examples of this operation, and the recovery associated with it, please refer to our Instagram page [\*\*@zkfacialplastics\*\*](#)